

Karate Summer Camp Outline

Bring Everyday:

- Summer camp belt
- Shoes or sandals that are comfortable to walk in
- Book to read (Earn credit for the summer reading challenge.)
- Sun block and hat for outdoor activities
- Water bottle (Available for purchase at the dojo.)
- Backpack to carry your belongings in (Available for purchase at the dojo.)
- Arnis sticks (Not mandatory. Available for purchase at the dojo.)
- Weapons: sessions 1, 4, 7: kamas; sessions 2, 5, 8: bo staff; sessions 3, 6, 9: nunchucks (Not mandatory, but highly recommended. Available for purchase at the dojo)
- Summer camp uniform with shorts, pockets, and vented top (Not mandatory, but highly recommended. Available to purchase at the dojo.)

Do Not Bring:

- Portable gaming systems
- Valuables such as mp3 players, which may be lost or broken

We Provide:

- Summer camp belt
- Mid-morning snack (Otter pop, fruit roll up, or comparable snack.)
- R/O purified water
- Ice cream sundaes on Thursday
- Lunch on Friday
- Water guns
- Admission to the pool, the bowling alley, and all other field trips
- Official summer camp T-shirt (One per session.)
- Character development worksheets

Times:

- Drop Off: 7:45am - 9:00am at the dojo every day
- Pick Up: 3:00pm - 5:30pm at the dojo every day, except on Wednesday when the 3:00pm pick up will be at the community pool (by the library and the high school)

Items to Bring Each Day:

Monday:

- Bag lunch
- Money for arcade

Tuesday:

- Bag lunch
- Dark clothes for tie dye (Light colored clothes get stained easily.)

Wednesday:

- Bag lunch
- Bathing suit
- Towel
- 3:00 Pick up is at the community pool (by the library and the high school)
- 5:30 Pick up is at the Dojo

Thursday:

Bag lunch

Friday:

Bathing suit
Towel

Water gun (Optional, we provide.)

Lunch will be provided (Steve's cheesy breadsticks)